

# Mental Health Services

for  
Harrisonburg, Rockingham County, Augusta  
County, Staunton, & Waynesboro  
**2005**

*Developed by the  
JMU Counseling Psychology Program  
and the Office on Children and Youth*

*The following are excerpts from “Comprehensive Mental Health Services for Harrisonburg, Rockingham County, Augusta County, Staunton & Waynesboro. To view the full document, go to:*

<http://psyc.jmu.edu/counseling/documents/2005MHdirectory.pdf>

All area codes (540) unless otherwise noted

**Augusta Health Care, Inc.**

Outpatient Behavioral Health Services  
79 N. Medical Park Drive  
Fishersville, VA 22939

**941-2500**  
**213-2500**  
**800-932-0262 Ext.2500**  
Fax: (213) 941-2502

*Pamela Davies, LCSW*

*Chris Jackson, LPC*

*John Savides, CSAC*

*Kathy Dickinson, LPC*

*Emily Lewis, LCSW*

*Ingrid Shomo, LCSW*

*Phil Harmon, LPC*

*Victoria Moore, LPC*

*Michael Tancyus, LCSW*

*Richard Heechen, CSAC*

*Gene Reynolds, LCSW*

Our practitioners offer a wide range of expertise in working with adolescents, adults, and older adults. Some specialty groups available. Mental health, substance abuse, and relationship and family issues treated. In network with most insurances. Evening hours are available.

**Augusta Medical Center**

96 Medical Center Drive  
Fishersville, VA 22939

**(800) 932-0262**

**Center for Marriage and Family Counseling**

96 Campbell Street  
Harrisonburg, VA 22801

**433-1546**  
**Toll Free: (866) 433-1546**

*Randall B. Hook, LCSW, Executive Director*  
*Ingrid Shomo, LCSW*  
*Elroy Miller, LCSW*

*David Rissmeyer, LCSW*  
*Luanne B. Long, LPC*  
*Ann Bowman, MA, EdS.*

The Center for Marriage and Family Counseling is a private, non-profit agency supported in part by the United Way. We provide high quality, professional counseling in a relaxed and welcoming environment. Our experienced counselors see individuals, couples, and families on a sliding fee scale (ability to pay). Most insurance types are accepted as well. Ongoing domestic violence/anger management groups and parent/child visitation services are also provided.

**Child and Family Guidance**

**433-1374**

100 Chicago Ave.  
Harrisonburg, VA 22801

Fax: 433-1377

As a division of Specialized Youth Services, CFG offers a unique array of programs designed specifically for families. These programs provide focused support for children and adolescents at risk of removal from their homes due to serious emotional and behavioral problems.

**Counseling and Psychological Services(CAPS)**

**568-1735**

601 University Blvd. MSC 9012  
Harrisonburg, VA 22807

Contact person: Timothy J. Schulte, Psy.D.

Office Hours: Mon.-Fri. 8:00 – 5:00, Evenings Tues.– Thursday 5:00 - 8:00

Fee information: All services provided on a sliding scale, Medicare not accepted  
Age of Clients Served: Children, Adolescents, Adults, Families

CAPS provides affordable services to meet a variety of mental health needs. All services are provided on a sliding scale and flexible payment plans are available. Services include individual, family, couple, and group counseling; psychological assessment and testing; and consultation services. Day and evening appointments available.

**Family Life Resource Center (FLRC)**

**434-8450**

273 Newman Avenue  
Harrisonburg, VA 22801

**Toll Free 800-655-2055**

Fax 433-3805

Contact Person: Luella Emswiler, Admin. Director

Office Hours: 9-4:30pm

Serving children, adolescents, and adults      Most Insurance Programs Accepted

*Jim Glanzer, MSN, Ed.S., LPC*  
*John Hostetter, LPC, SAT*

*Edward Tilman, LPC, LMFT, SAT*  
*Donna Van Horn, LCSW*

*Dr. Jeffery Lightner, M.D.*  
*Pamela Reese, LPC*  
*Kenneth Showalter, Psy.D.*  
*Rose Huyard, LPC*

*Lois Wenger, LCSW*  
*Harvey Yoder, LPC, LMFT*  
*Andrea J. E. Bieber, LPC*

Family Life Resource Center is a counseling agency meeting the behavioral health needs of individuals, couples, and families, as well as providing programs and other resources to churches, businesses, and community groups. Working from a Christian faith perspective, clinicians at FLRC are committed to helping people pursue health and wholeness as individuals and in their relationships. FLRC is counseling for hope, health, and healing- for all of life!

**Harrisonburg Rockingham County Community Service Board** **434- 1941**  
1241 North Main Street **Emergency services: 434-1766**  
Harrisonburg, VA 22802

Provides mental health, mental retardation and substance abuse services based on a person's ability to pay. Insurance, Medicaid, and Medicare are accepted. The McNulty Center for Children and Families and Summit House are both affiliated with Harrisonburg Rockingham County Community Services Board and can be found listed alphabetically in the Non-Profit Services section.

**McNulty Center for Children and Families** **433-3100**  
463 E. Washington Street **24-hour emergency: 434-1766**  
Harrisonburg, VA 22802  
Director: Lynn Grigg

This location provides mental health and substance abuse services to children and families. These services include individual and family therapy, case management for SED and MR children. In addition the PACE program for infants and toddlers is located at this site.

**Mental Health Association of Augusta** **866-7181**  
The Professional Building Room 206 **949-0169**  
Staunton, VA 24401 **website: [www.mah-augusta.org](http://www.mah-augusta.org)**  
Contact: Donna H. Gum, Administrator **E-mail: [mhaa@ntelos.net](mailto:mhaa@ntelos.net)**

Fee information: no charge  
Office Hours: 9:00-4:00 p.m., Monday –Thursday

**RMH Center for Behavioral Health** **564-5960**  
235 Cantrell Avenue  
Harrisonburg, VA **E-mail: [agitchel@rhcc.com](mailto:agitchel@rhcc.com)**

*Dr. Lawrence G. Conell, Chief Medical Director*  
*Dr. Lou Gene Bartram, Medical Director, Addiction Services*  
M. Andree Gitchell, LCSW, Administrative Director

Offering care, treatment, and support for individuals, families, or groups in a warm, healing environment. Outpatient services, located in the Wine-Price Building, 752 Ott Street, include:

- Partial Hospitalization Program (ages 18 and over)
- LIFE Recovery Program, specializing in addiction services
- Counseling Services, specializing in individual and family therapy
- Psychological Testing
- Corporate Employee Assistance Services (EAP)
- Grief Support Services
- Biofeedback
- Massage Therapy
- Medical Acupuncture and Hypnosis
- Medical Nutrition Therapy

24-hour emergency services are available through the RMH Emergency Department. Many insurance plans accepted. Hours of operation vary with service.

**RMH LIFE – Outpatient Services**

235 Cantrell Ave.  
Harrisonburg, VA 22801  
Coordinator: Jennifer H. Johnson, LPC

**564-5629**  
Fax: 564-5823

E-mail: [jjohnson@rhcc.com](mailto:jjohnson@rhcc.com)

The LIFE Recovery Program is staffed by licensed professionals who provide outpatient substance abuse treatment for people age 13 and over who are suffering from problems due to drug and alcohol use. Services include Individual Therapy, Motivational Group Therapy, Adolescent Individual and Group Therapy, Family Education, Intensive Outpatient Programs, Continuing Care Group, Residential Treatment Referrals and Smoking Cessation. Treatment costs vary depending upon the services provided. Most insurance companies assist with payment for substance abuse services and the program holds contracts with many managed-care organizations.

**RMH, Mental Health Center**

235 Cantrell Avenue  
Harrisonburg, VA 22801  
Dr. Lawrence Conell, Medical Director  
Pam Hevener, RN, Administrator Director, Mental Health Center

**433-4577**  
E-Mail: [phevener@rhcc.com](mailto:phevener@rhcc.com)

Comprehensive mental health services include a 20-bed inpatient adult psychiatric unit. Acute in-patient care for psychiatric disorders including dual diagnosis. Individual, family, group, recreational, and occupational therapies are provided. Psychopharmacological therapy is offered. For referral to this unit and for after hours and on weekends contact the Psychiatric Emergency Team at 433-4100.

**Valley Behavioral Medicine**

**564-7007**

1931 Medical Avenue  
Harrisonburg, VA 22801

*Lawrence Conell MD*  
*Jeffery Lightner MD*  
*Daksha Patel MD*

*Mary Akins MSN, RN, CS, SNP-C*  
*Thomas Cardwell MD*

Valley Behavioral Medicine is a group psychiatric practice affiliated with Rockingham Memorial Hospital. We provide psychiatric evaluation and follow-up care for our outpatients in Harrisonburg and Woodstock. We offer adult psychiatric care for depression, manic depression, schizophrenia, and anxiety disorders. The group also consists of members with special interests in alternative therapies, substance abuse issues, and adolescent care.

**Valley Community Services Board**

**887-3200**

110 W. Johnson St.  
Staunton, VA 24401

**Valley Hope Counseling Center**

**941-8933**

20 Stoneridge Dr., Suite #202  
Waynesboro, VA 22980

Contact: Ginny Harris, LPC, Executive Director      E-mail: [valleyhope@ntelos.net](mailto:valleyhope@ntelos.net)  
Office hours are by appointment only – Mon. thru Thur., evening appts. available

Sliding scale fee based on family income and number of dependents. Accept Medicaid but not Medicare. Any age clients served. No current services for Non-English speakers. Valley Hope is a United Way agency that provides quality mental health counseling services at an affordable fee. All types of mental health issues are addressed and counselors have a variety of theoretical orientations.